



ARDEN-ARCADE-CARMICHAEL FAITH COMMUNITIES

Street Sheet/Resource Guide

Services concentrating on Arden-Arcade and Carmichael

Updated: January 2023

- Please call providers to confirm services, days and times as services offered can change due to Covid-19 pandemic.
- For a Master List of Sacramento Area Social Services dial 211 anytime, any day or visit <https://www.211sacramento.org/211/>
- To revise or update information on this flyer please email carol@aacfc.us

A printable copy of this brochure can be downloaded from the AACFC website at: <http://www.aacfc.us/resources>

Food	2
Shelter, and Camping and Parking	6
Respite Centers	11
Mental Health	12
Alcohol and Drug Counseling	16
Showers.....	17
Laundry	18
Jobs	19
Clothing	19
Health Care	20
Legal Services	21
Bus Passes	21
Parenting.....	22
Dental.....	22
Hospice.....	23
Outreach organization	23
Warming/Cooling Centers.....	23

Food

Arcade Church *

3927 Marconi Ave, Sacramento, CA 95821

916-972-1617

<https://www.arcadechurchonline.com/>

info@arcadechurch.com

Tuesday 9:00 - 11:00 AM

Corner of Marconi & Becerra

Associated Prison Ministries of California *

2730 Arden Way, Suite 134 Sacramento, CA 95825

916-581-0021

<https://apmoc1.wixsite.com/website>

apmoc1@juno.com

Delivers food Saturday afternoon around Roseville Rd

Bridge Network- Slider Center/Max Baer Park

7851 35th Ave Sacramento, CA 95824

916-244-1406

info@bridge-network.org

Food Distributions - 3rd Friday of the Month

11:00am-1:00pm (or until food is gone)

CalFresh (Food Stamps) *

2700 Fulton Avenue

877-847-3663 or 916-874-3100

<https://www.cdss.ca.gov/inforesources/calfresh>

<https://www.getcalfresh.org/>

8 AM – 4 PM Monday – Friday

Government food assistance program; no street address required.

Carmichael Adventist Community Services *

4694 Pasadena Ave, Sacramento, CA 95841-4540

916-487-8684 x117

<https://carmsda.org/community-services>

office@carmsda.org

Wednesdays 9 a.m.-12:00 p.m. 487-8684 x117

*Services located in Arden-Arcade or Carmichael

Carmichael Presbyterian Church *

5645 Marconi Ave, Carmichael, CA 95608

Food closet: 916-483-9232

<https://www.carmichaelpres.org/>

office@carmichaelpres.org

Monday, Tuesday, Thursday, Friday 1:30PM - 2:00PM

To reserve food, call between 10:00 AM and 12 noon. There is also a pick up on Thursdays from 6:00-7:15 PM (no advance call required).

First United Methodist Church Midtown

2100 J Street, Sacramento, CA 95816

916-446-5025

<https://firstumcsac.org/>

admin2100@firstumcsac.org

Hot meals available Monday 8:00 AM to 11:30 AM and the last two Saturdays of the month, 8:00 AM to 11:30 AM

Loaves and Fishes Services

1351 North C. St. Sacramento, CA 95811

916-446-0874

<https://sacloaves.org>

Monday-Friday from 11:30 AM-1:00 PM and Saturday and Sunday from 11:00 AM-12:30 PM.

River City Food Bank - Midtown

1800 28th Street Sacramento CA 95816

916-446-2627

<https://rivercityfoodbank.org/>

email@rivercityfoodbank.org

Tuesday - Thursday 10:30 AM -1:30 PM

River City Food Bank - The Center at St Matthew's *

2300 Edison Ave., Sacramento, CA 95821

916-446-2627

<https://rivercityfoodbank.org/>

email@rivercityfoodbank.org

Friday - Saturday: 10:30 AM - 1:30 PM

*Services located in Arden-Arcade or Carmichael

Saint Ignatius Loyola Parish *

3235 Arden Way Sacramento, CA 95825

916-482-9666 x 0 ask for Joe

<https://www.stignatiussac.org/s/>

Box dinners served 6:00 -7:00 PM on the last Wednesday of the month.

Saint Marks United Methodist *

2391 St. Marks Way, Sacramento, 95864

916-483-7848

<https://stmarksumc.com>

Food Closet Tuesday & Saturday 10:00 AM-11:00 AM

Saint Vincent De Paul at Our Lady of Assumption *

5057 Cottage Way, Carmichael, CA 95608 (Cottage and Walnut)

916-481-6352

<https://olaparish.net/st-vincent-de-paul-society-ola-conference-parish@olaparish.net>

Tuesday and Thursday 10:00 AM - 12:00 noon

Saint Vincent de Paul Presentation Parish *

4123 Robertson Ave, Sacramento, CA 95821

916-485-3482

<https://presentationparish.org/office@presentationparish.org>

9:00-11:00 Tuesday, Thursday, Friday

Distributed on the back side of the office building.

Saint Vincent de Paul Saint John the Evangelist

5751 Locust Avenue, Carmichael, CA 95608 *

916-483-2161 or 916-483-8454

<https://sjecarmichael.org/office@sjecarmichael.org>

Wednesday: 8:00 AM - 10:00 AM

*Services located in Arden-Arcade or Carmichael

Saint Philomene Church *

2428 Bell St., Sacramento, CA 95825

Church 916-481-6757; Food Closet 916-481-7113

<https://stphilomene.com/>

Meals: Tuesday 6:00 – 7:00 PM

Food Closet: Mon – Tue 9:00 AM - 12:00 PM

Saint Vincent de Paul Society Help Line *

P.O. Box 162487 Sacramento, CA 95816

916-572-7553

<https://www.svdpsacramento.org/>
svdpsachelp@gmail.com

call Monday through Friday to be connected to a food source close by.

San Juan Unified Food Distribution *

3738 Walnut Avenue, Carmichael, CA 95608

<https://www.sanjuan.edu/distribution>

1/25/23 and 2/21/23 2 PM to 4PM

Sierra Arden Food Closet *

890 Morse Avenue, Sacramento, CA 95825

916-483-1942

<https://www.sierravistacc.org/food-closet>

Tuesday-Friday, 10-11:45 a.m., Thursday 4 PM to 5:45 PM

Union Gospel Mission

400 Bannon Street, Sacramento, CA 95811

916-447-3268

<https://ugmsac.com/>
info@ugmsac.com

Dinner 7 nights/week. Must attend chapel at 7:30 PM for 8:30 meal.

Lunch Sunday. Must attend 11:00 AM chapel for noon meal.

Tuesday and Thursday 1:00PM - 2:00PM Food Boxes for families and seniors. Call ahead for food boxes 916-447-3268.

*Services located in Arden-Arcade or Carmichael

Woodside SDA Church *

3300 Eastern Ave., Sacramento, CA 95821

916-482-6444

office@woodsidesda.org

<http://woodsidesda.org/about/>

2nd & 4th Saturday 2:00 PM - 4:00 PM

Shelter, and Camping and Parking

Audre's Emporium of New Tomorrows (part of Waking the Village)

PO Box 160085, Sacramento, CA 95816

916-601-2979

<http://www.wakingthevillage.org/home>

admin@wakingthevillage.org

LGBTQ youth ages 18-21

Fill out waitlist application on website

Cottage Housing: Quinn Cottages

1500 North A Street Sacramento, CA 95811

916-492-9065

<https://cottagehousing.org/communities>

kniles@cottagehousing.org

For those homeless or in shelter more than a year with a documented disability, such as HIV/AIDS, mental health, or drug and alcohol abuse.

Start process by calling 211 about Quinn cottages. Speak to navigator and request a VISPDAT over the phone. If approved, you will be placed in the queue.

You must call 211 to apply.

County of Sacramento Emergency Placement for Children and Teens

3701 Branch Center Road Sacramento CA 95827 (office only)

Call 916-875-3702 for referral to shelter. Children and teens only

Family Promise

P.O. Box 1378 Sacramento, CA 95812

916-443-3107

<https://www.familypromisesacramentoca.org/>

marsha@sacfamilypromise.org

Motel rooms and tiny homes for families. Call above number for intake.

*Services located in Arden-Arcade or Carmichael

First Step Communities Shelter

1400 North A Street Bldg. A Sacramento, CA 95811

916-822-4900

<https://www.firststepcommunities.org/>

Info@Firststepcommunities.org

Talk to an intake person at A Street or request shelter at Loaves & Fishes.

Single men and women and youths.

Note: As of 12/20/2022 they are closed for a COVID outbreak.

Call for further information.

First Step Communities Safe Camping at Miller Park

2701 Marina View Drive

916-822-4900

www.firststepcommunities.org

Call 311 for pre-screening

First Step Communities Safe Parking

South Front Street, Sacramento, CA 95818

916-822-4900

www.firststepcommunities.org

Call 311 for pre-screening

Safe parking for unhoused people

My Sister's House

3053 Freeport Blvd., #120, Sacramento, CA 95818

916-428-3271

<http://www.my-sisters-house.org/>

info@my-sisters-house.org

Shelter and transitional house for Asian and Pacific Islander women affected by domestic violence, human trafficking, and sexual assault.

For access, call help line.

Sacramento County Watt Avenue shelter warehouse and RV/car site

Set to open June-December 2023

*Services located in Arden-Arcade or Carmichael

Sacramento Self-Help Housing Navigator *

916-754-7315

David Connick dconnick@sacselfhelp.org

Drop-in Hours for Arden-Arcade:

Tuesday 11:00 AM to 1:00 PM at

Arden Library 2443 Marconi, Sacramento, CA 95821

Drop-in Hours for Carmichael: Wed 11:00 AM to 1:00 PM

Carmichael Park 5750 Grant Avenue Carmichael, CA 95608

Safe Ground Sacramento

C St & 12th St, Sacramento, CA 95814

<https://safegroundsac.org/>

safegroundsacinfo@gmail.com

Safe camping for unhoused people

As of 12/21/2022, the site reports no openings

Saint John's Program for Real Change *

2443 Fair Oaks Blvd, #369 Sacramento, CA 95825

916-453-1482

<https://saintjohnsprogram.org/>

info@saintjohnsprogram.org

Residential program for women and their minor children. Each family enters a 12-18 months program which leads to employment and self-sufficiency. Call for dates of intake orientation.

Salvation Army Center of Hope Shelter

1200 North B Street, Sacramento, CA 95811

916-442-0331

https://sacramento.salvationarmy.org/sacramento_metro/center-of-hope-shelter/

Potential clients should come to the shelter to be connected to resources.

Shelter, Inc.

River District Area, Sacramento, CA 95814

916-827-7461

<http://www.shelterinc.org/programs/shelter-sacramento.html>

shelter@shelterinc.org

Must be referred after calling 211

*Services located in Arden-Arcade or Carmichael

Tubman House (part of Waking the Village)

PO Box 160085 Sacramento, CA 95816

916-601-2979

<http://www.wakingthevillage.org/home>

admin@wakingthevillage.org

Shelter for transition age youth ages 18-24 and their children

Transitional living program parenting program

Submit waitlist application on the website.

Union Gospel Mission

400 Bannon Street, Sacramento, CA 95811

916-447-3268

<https://ugmsac.com/>

info@ugmsac.com

Shelter for men. Sign-ups are nightly at 5:30 PM and are conducted on a “First come / first serve” basis. Newcomers are given priority. Must have photo ID and TB card (available at Loaves & Fishes).

Village Shelter (part of Waking the Village)

PO Box 160085 Sacramento, CA 95816

916-601-2979

<http://www.wakingthevillage.org/home>

admin@wakingthevillage.org

Services for pregnant women and those transitioning to parenthood (18-24 year olds)

90 day shelter Submit waitlist application on website or call 2-1-1

VOA Family Shelter

River District Area, Sacramento, CA 95814

Administrative Offices: 3434 Marconi Avenue Sacramento, CA 95821

916-265-3400

<https://www.voa-ncnn.org/family-shelter>

Register at: <https://vhaservices.saccounty.net/efs>

info@voa-ncnn.org

Call 2-1-1 for referral

*Services located in Arden-Arcade or Carmichael

VOA Meadowview Navigation Center

2700 Meadowview Road, Sacramento, CA 95832

916 917-3202

<https://www.voa-ncnn.org/meadowview>

info@voa-ncnn.org

Shelter for women. Call 2-1-1 for referral.

VOA Sacramento Senior Safe House *

3434 Marconi Avenue Sacramento, CA 95821 (mailing address only)

916-874-9377

<https://www.voa-ncnn.org/northern-california-emergency-shelter>

info@voa-ncnn.org

Must be referred by Adult Protective Services at 916-874-9377

or call 2-1-1 for referral

Waking the Village

PO Box 160085 Sacramento, CA 95816

916-601-2979

<http://www.wakingthevillage.org/home>

admin@wakingthevillage.org

Serves:

LGBT youth 18-21 single/couple/families

Young parents between 18 and 24

Waking the Village Prevention and Intervention

PO Box 160085 Sacramento, CA 95816

916-525-5965

<http://www.wakingthevillage.org/prevention-and-intervention>

Help for those ages 12 to 24 experiencing housing instability or homelessness

WEAVE, Inc.

1900 K Street, Sacramento, CA 95811

916-448-2321 Crisis Line 916-920-2952

<https://www.weaveinc.org/>

info@weaveinc.org

Serves victims of domestic violence, sexual assault, and sex trafficking.

*Services located in Arden-Arcade or Carmichael

X Street Navigation Center and Shelter (SHRA)

2970 X Street Sacramento, CA 95817

916-265-3400

<https://www.voa-ncnn.org/northern-california-emergency-shelter>
hiquestions@shra.org

For information, call above number; for referral call 2-1-1

Respite Centers

Carmichael HART Respite Center at Carmichael Presbyterian *

5645 Marconi Ave, Carmichael, CA 95608

<https://carmichaelhart.org/programs/auto-draft/>
scott@carmichaelhart.org

January 3rd – March 4th, 2023

Saturdays 10:00 AM to 2:00 PM

Carmichael HART Respite Center at Crossroads Church *

7100 Fair Oaks Blvd, Carmichael

Hot meals, restrooms, showers, rest, medical consultations and access to the Homeless Outreach Navigator

January 3rd – March 4th, 2023

Wednesdays 9:00 AM – 1:00 PM

First United Methodist Church Midtown

2100 J Street, Sacramento, CA 95816

916-446-5025

<https://firstumcsac.org/>
admin2100@firstumcsac.org

Respite, hot meals and showers available Monday 9:00 AM to 11:00 AM and the last two Saturdays of the month, 8:00 AM to 11:30 AM

Open Doors Community Center

3901 Madison Avenue #65 Sacramento, CA 95660

916-670-3155

Community Center with food, clothing, break room

Open Monday – Friday 8:00 AM to 1:00 PM

*Services located in Arden-Arcade or Carmichael

Loaves and Fishes Friendship Park

1321 North C Street at 12th Street, Sacramento, CA 95814

916-443-7378

<https://sacloaves.org>

Serves adults. Breakfast, coffee, restrooms, showers, laundry, survival items, clothing, haircut vouchers. Open 7AM - 2PM Mon-Fri. Closed weekends and holidays.

Sacramento 24 Hour Outreach and Engagement Center *

3615 Auburn Blvd.

916-940-7180

Respite Center open 23 hours per day

For entry, come between 1:00 PM and 5:00 PM for an interview or

If you are in City District 2, you can call 2-1-1 for a referral

Cooling and Warming Center 8 PM to 8 AM

Midtown HART Respite Centers

Mondays 8:00 AM – 11:30 AM at First United Methodist Church

2100 J Street, Sacramento, CA

Tuesdays 9:30 AM – 12:30 PM at St. John’s Lutheran Church

1701 L Street, Sacramento, CA 95811

Wednesdays 9:00 AM – 11:00 AM at Westminster Presbyterian

1300 N Street, Sacramento, CA

Fridays 9:30 AM – 12:30 PM at Trinity Cathedral

2620 Capitol Avenue, Sacramento 95816

<https://www.hartstogether.org/midtown-hart-respite-center>

SacMidtownHART@gmail.com

Coffee and light snacks, bathrooms, clothing and donated items.

Mental Health

Hotlines:

- 24/7 National Suicide and Mental Health Crisis Hotline: Call or text 988 OR 800-273-8255
- Sacramento County 24 hour crisis line: 888-881-4881
- The Source – 24 hours for youth up to age 26 and caregivers
- 916-SUPPORT (787-7678)
- Wellspace Health 24 Hour Suicide Prevention Crisis Line – 916-368-3111 or 1-800-273-TALK (8255)

*Services located in Arden-Arcade or Carmichael

Mental Health Services Support Lines:

- Sacramento County ACCESS Team – Mental Health 916-875-1055
- County Community Support Team (916) 874-6015 Mon – Fri 8:00 AM – 5:00 PM
- Seniors (aged 60+) – Call Adult Protective Services (916) 874-9377
- Veterans: CalVet – (800) 952-5626

Treatment Centers :

Hope Cooperative CORE Howe *

Temporary Site: 3727 Marconi, Sacramento, CA 95821

Future Site: 650 Howe Ave Bldg. 300, Sacramento, CA 95825

916-485-6500

Short term mental health therapy and groups, long term options; job assistance, help with social security, computer use, etc. for mental health clients. Must call 916-875-1055 (County Adult Access line) for referral. Clients with no insurance or Medi-Cal only.

Hope Cooperative CORE Marconi *

3737 Marconi Ave, Sacramento, CA 95821

Phone: 916-480-1801

Short term mental health therapy and groups, long term options; job assistance, help with social security, computer use, etc. for mental health clients. Must call 916-875-1055 (County Adult Access line) for referral. Clients with no insurance or Medi-Cal only.

HOPE Cooperative Mental Health Respite Center

916-737-RESPITE (916-737-7483)

24/7 for ages 18 and up.

Assists those in a mental health crisis.

Call for more details.

National Alliance on Mental Illness

7230 S. Land Park Dr. Suite 111, Sacramento, CA 95831

Helpline 916-890-5467

<https://NAMISacramento.org>

*Services located in Arden-Arcade or Carmichael

National Psychiatric Care and Rehabilitation Services (NPCRS)

1532 Rosalind Street, Sacramento, 95838

(408) 568-9834

Dual diagnosis, mental health and drug diagnoses. Residential program accessed by referral. Does not take Medicare or Medi-Cal, but takes Kaiser, Magellan, Blue Cross, Blue Shield, Aetna, Healthnet, Sutter and others.

Sacramento County Dept. of Health Services, Division of Behavioral Health – Homeless Encampment and Response Team (HEART) *

916-639-6084

smitham@saccounty.gov

Amelia Smith, Behavioral Health Peer Specialist or

916-546-0641

calderoneh@saccounty.gov

Or Holly Calderone, Behavioral Health Counselor

Sacramento County Turning Point Mental Health Urgent Care Clinic

2130 Stockton Blvd Bldg. 300 Sacramento, CA 95817

916-520-2460

<http://www.tpcp.org/programs/urgent-care>

hhs-bhs@saccounty.net

24 hours. Walk-in clinic for mental health and substance abuse crisis.

Run by Turning Point on contract for the County. Takes Medi-Cal.

Sacramento Crisis Residential Program

Phone: 916-262-8598

<https://www.tpcp.org/program/crisis-res/>

Mental health Crisis residential center

Must be referred by a hospital, primary care physician, psychiatry professional or mental health provider. If these are not available, you can visit the Sacramento County Turning Point Mental Health Urgent Care Clinic for a referral.

*Services located in Arden-Arcade or Carmichael

Turning Point Community Outreach CORE Rosin

3810 Rosin Court, Suite 170, Sacramento, CA 95834

Phone: 916-567-4222

Outpatient behavioral health services for adults (18+) with a qualifying diagnosis and a Community Wellness Center

Short term mental health therapy and groups, long term options; job assistance, help with social security, computer use, etc. for mental health clients. Must call 916-875-1055 (County Adult Access line) for referral. Clients with no insurance or Medi-Cal only.

Turning Point Community Outreach CORE Madison

3628 Madison Ave, Suites 6, 7, and 10 North Highlands, CA 95660

916-388-3231

<https://www.tpcp.org/program/core/>

Outpatient behavioral health services for adults (18+) with a qualifying diagnosis and a Community Wellness Center

Short term mental health therapy and groups, long term options; job assistance, help with social security, computer use, etc. for mental health clients. Must call 916-875-1055 (County Adult Access line) for referral. Clients with no insurance or Medi-Cal only.

Sacramento County Community Support Team *

Community based non-urgent mental health screenings, supports, and linkage to resources for any individual. Call (916) 874-6015.

Psychiatric Hospitals:

Sacramento County Mental Health Treatment Center (SMHTC)

2150 Stockton Blvd., Sacramento, CA 95817

(916) 875-1000

Usually take referrals from emergency rooms.

Heritage Oaks Hospital *

4250 Auburn Blvd., Sacramento, CA 95841

(916) 489-3336

Sacramento Behavioral Health Care Hospital

1400 Expo Parkway, Sacramento, CA 95815

877-978-4242 or 916-437-6400

*Services located in Arden-Arcade or Carmichael

Alcohol and Drug Counseling

Alcoholics Anonymous Central California Fellowship

9960 Business Park Drive, Suite 110 Sacramento, CA 95827

Office: 916-454-1771 Hotline: 916-454-1100

<https://aasacramento.org/>

officeassistant@aasacramento.org

Go to website and click on “Meetings” to find a walk-in meeting.

Associated Prison Ministries of California *

2730 Arden Way Suite 134, Sacramento, CA 95825

916-581-0021

<https://apmoc1.wixsite.com/website>

apmoc1@juno.com

Monday, Wednesday, and Friday 10:00 AM - 1:00 PM

Serves those previously incarcerated

Sacramento County Turning Point Mental Health Urgent Care Clinic

2130 Stockton Blvd Bldg. 300 Sacramento, CA 95817

916-520-2460

<http://www.tpcp.org/programs/urgent-care>

hhs-bhs@saccounty.net

Mon - Fri 10:00 AM – 10:00 PM Sat, Sun & Holidays 10:00 AM – 6:00 PM

24 hours. Walk-in clinic for mental health and substance abuse crisis.

Run by Turning Point on contract for the County. Takes Medi-Cal.

Harm Reduction Services

2800 Stockton Blvd. Sacramento, CA 95817

916-456-4849

<https://hrssac.wordpress.com/contact-us/>

hrssacramento@gmail.com

Provides drug treatment navigation, STI/HIV/HCV testing (the full medical clinic is only on Saturdays) and a syringe service program.

Narcotics Anonymous *

PO Box 9999, Van Nuys, California USA 91409

Telephone 818-773-9999

<https://www.na.org/meetingsearch/>

To find a walk-in group, go to website and search for nearest meeting

*Services located in Arden-Arcade or Carmichael

Sacramento County Dept. of Health Services, Division of Behavioral Health – Homeless Encampment and Response Team (HEART)*

916-639-6084

smitham@saccounty.gov

Amelia Smith, Senior Behavioral Health Peer Specialist or
916-546-0641

calderoneh@saccounty.gov

Or Holly Calderone, Behavioral Health Counselor

Saint John’s Program for Real Change *

2443 Fair Oaks Blvd, #369 Sacramento, CA 95825

916-453-1482

<https://saintjohnsprogram.org/>

info@saintjohnsprogram.org

Residential program for women and their minor children. Each family enters a 12-18 months program which leads to employment and self-sufficiency. Call for dates of intake orientation.

Union Gospel Mission Men’s New Life Program

400 Bannon Street, Sacramento, CA 95811

916-447-3268

<https://ugmsac.com/rehab-program/>

info@ugmsac.com

Apply in person. Mon–Thurs 10:00AM–11:00AM & 1:00 PM–2:00PM

Showers

Carmichael HART Respite Center at Carmichael Presbyterian *

5645 Marconi Ave, Carmichael, CA 95608

<https://carmichaelhart.org/programs/auto-draft/>

scott@carmichaelhart.org

Showers Saturdays 9:00 AM to 1:00 PM

First United Methodist Church Midtown

2100 J Street, Sacramento, CA 95816

916-446-5025

<https://firstumcsac.org/>

admin2100@firstumcsac.org

Showers available Monday 8:00 AM to 11:30 AM and the last two Saturdays of the month, 8:00 AM to 11:30 AM

*Services located in Arden-Arcade or Carmichael

Loaves & Fishes (Maryhouse Daytime Shelter)

1321 North C Street Sacramento, CA 95811

916-446-4961

<https://sacloaves.org/maryhouse>

Mon - Fri 7:00 AM – 2:00 PM

Serves women and children only

Loaves and Fishes Friendship Park

1351 North C. St. Sacramento, CA 95811

916-446-0874

<https://sacloaves.org>

Mon – Fri 7:00 AM – 2:00 PM

Showers for men

Sacramento LGBT Community Center

2012 K Street Sacramento CA 95811

916-442-0185

<https://saccenter.org>

info@saccenter.org

Showers for youth 13-24 years old.

Union Gospel Mission

400 Bannon Street, Sacramento, CA 95811

916-447-3268

<https://ugmsac.com/>

info@ugmsac.com

Showers for men are available Monday – Thursday, 9 AM – 11 AM; 1 PM – 2:45 PM, Friday – Saturday, 9 AM – 11 AM

Laundry

City Church of Sacramento

3860 4th Avenue, Sacramento, CA 95817

916-468-4545

<https://citychurchsac.org/>

info@citychurchsac.org

Partners with Stockridge Laundryland, 5402 Stockton Blvd.

*Services located in Arden-Arcade or Carmichael

God's Helping Hands Laundry Day *

At Launderland: 3100 Fulton Avenue

3rd Saturday of every month 9 – 11 AM

2 loads free laundry wash and dry. Soap provided.

<http://www.aacfc.us>

Jobs

Saint John's Program for Real Change *

2443 Fair Oaks Blvd., #369 Sacramento, CA 95825

916-453-1482

<https://saintjohnsprogram.org/>

info@saintjohnsprogram.org

Residential program for women and their minor children. Each family enters a 12-18 months program which leads to employment and self-sufficiency. Call for dates of intake orientation.

Clothing

Daughters of Zion

6489 47th Street, Sacramento, CA 95823

916-422-3875

<https://www.dozenterpryz.org/>

info@dozenterpryz.org

Wednesday: 4:30 PM – 6:30 PM

Closed until January 4, 2023

Union Gospel Mission

400 Bannon Street, Sacramento, CA 95811

916-447-3268

<https://ugmsac.com/>

info@ugmsac.com

Men's Clothing Room available Monday – Thursday, 9 AM – 11 AM and 1 PM – 2:45 PM, Friday – Saturday, 9 AM – 11 AM

Women's Clothing Closet open Thursdays at 9 AM – 12 AM with ½ hour Bible study at 9 AM.

*Services located in Arden-Arcade or Carmichael

Health Care

Elica Health Centers - Arden Arcade *

1750 Wright Street, Suite A, Sacramento, CA 95825

916-454-2345

<https://www.elicahealth.org>

communications@elicahealth.org

Open 8:00 AM to 12:00 PM and 1:00 to 5:00 PM, Mon – Fri

Note: Feb. 20, 2023 Elica Health will move next door to Glendale Ave.

ELICA Health on Wheels Health Centers *

916-454-2345

www.elicahealth.org/mobile-medicine

communications@elicahealth.org

Visit website for dates and locations of Health on Wheels busses.

One Community Health Arden-Arcade Campus*

1442 Ethan Way Suite 100, Sacramento, CA 95825

916-443-3299

<https://oncommunityhealth.com/>

Medical and dental clinic

Saint Marks UMC *

2391 St. Marks Way, Sacramento, 95864

916-483-7848

<https://stmarksumc.com>

Supplies durable medical equipment by appointment Tues – Thurs, 9:00

AM – 1:00 PM

Salvation Army Willow Clinic

N. 16th & N. B St., Sacramento, CA 95811

916-572-4502

<http://www.willowclinic.org/>

info@willowclinic.org

Telemedicine and phone appointments for refills only

*Services located in Arden-Arcade or Carmichael

VOA Open Arms Shelter for AIDS patients *

3434 Marconi Avenue Sacramento, CA 95821 (mailing address only)

916-265-3400

<https://www.voa-ncnn.org/open-arms>

info@voa-ncnn.org

Call 2-1-1 for referral

WellSpace Health Arden-Arcade Immediate Care Center *

2433 Marconi Ave, Sacramento, CA 95821

(916) 313-8433

<https://www.wellspacehealth.org/location/arden-arcade-community-health-center>

info@wellspacehealth.org

Immediate Care Sun-Sat 8:00 AM to 8:00 PM

Appointments 8 AM to 4:30 PM

Immediate Care hours 8:00 AM-8:00 PM 7 days a week. Accepts Medical or self pay

Legal Services

Disability Action Advocates *

No local office; services are delivered by phone.

916-756-4007 or 888-421-8705

<https://www.sacramentosocialsecuritydisability.com/>

Legal advocates for Social Security Disability

Legal Services of Northern California

515 12th Street Sacramento, CA 95814

916-551-2150

<https://lsnc.net/>

Legal advocates

Monday through Friday, 8:30 a.m. to 12 p.m., 1 p.m. to 5 p.m.

Only phone calls – no walk-ins at this time. Call as early as possible.

Tenant-landlord and public benefit matters only

Bus Passes

Next Move Homeless Services

Francis House Center

1422 C Street, Sacramento, CA 95814

*Services located in Arden-Arcade or Carmichael

916-443-2646

franchishouse@nextmovesacramento.org

Hours of operation:

Monday, Tuesday, Thursday, and Friday

9:00 AM-12:00 PM and 1:00-3:00 PM

One bus pass per week for scheduled appointments.

Parenting

Sacramento Children's Home Crisis Nursery *

4533 Pasadena Avenue Sacramento, CA 95821

916-679-3600

<https://www.kidshome.org/what-we-do/crisis-nursery-program/>

Emergency child care facility. Serves homeless parents of newborns through 5 years old.

Dental

Elica Health Centers - Arden Arcade *

1750 Wright Street, Suite A, Sacramento, CA 95825

916-454-2345

<https://www.elicahealth.org>

communications@elicahealth.org

Dental Services closed for remodeling, but check again in late Feb. 2023

One Community Health Arden-Arcade Campus*

1442 Ethan Way Suite 100, Sacramento, CA 95825

916-443-3299

<https://onecommunityhealth.com/>

Medical and dental clinic

*Services located in Arden-Arcade or Carmichael

Hospice

Joshua's House

3630 Larchwood Drive, Sacramento, CA 95834

916-502-0946

[https://joshuashousehospice.org/about/
m.fitzwater@thehcri.org](https://joshuashousehospice.org/about/m.fitzwater@thehcri.org)

Opening 2023

Serves homeless, terminally ill men and women discharged from Sutter, UC Davis, Dignity and Kaiser.

Outreach organization

Mercy Pedalers

2419 L Street #6, Sacramento, CA 95816

(916) 879-5581

[https://mercypedalers.com/
LMFernandez@sistersofmercy.org](https://mercypedalers.com/LMFernandez@sistersofmercy.org)

Warming/Cooling Centers

During Excessive Temperature Emergencies, Warming and Cooling Centers below are open when an emergency is declared. Sac RT Metro busses will give you a ride to these locations for free. Call 211 for more information.

Arden-Dimick Library *

891 Watt Ave, Sacramento, California 95864

10 AM - 6 PM Tuesday through Saturday

Protective facial coverings required

Carmichael Library *

5605 Marconi Ave, Carmichael, California 95608

10 AM - 6 PM Tuesday through Saturday

Protective facial coverings required

County Department of Human Assistance

1725 28th Street

Bus Stop: 9811

*Services located in Arden-Arcade or Carmichael

Creekside Adult School*

2641 Kent Drive, Sacramento, CA 95821

Bus Stop: 1460-1383

DHA - Fulton Avenue Bureau *

2700 Fulton Avenue, Sacramento, CA 95821

8 AM - 4 PM Monday through Friday

Protective facial coverings required

Sacramento 24 Hour Outreach and Engagement Center *

3615 Auburn Blvd., Sacramento, CA 95821

916-940-7180

Respite Center open 23 hours per day

For entry, come between 1:00 PM and 5:00 PM for an interview or

Cooling and Warming Center 8 PM to 8 AM during declared emergency

*Services located in Arden-Arcade or Carmichael